



DECEMBER 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 UMD-Easton -10-11:30 –Breastfeeding Support Group -410-822-1000 ext:5200 - FREE Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE	3 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$30	4 Union Hospital – Elkton -6-7:30pm – Breastfeeding Mom's Cafe -(443)245-7305 -FREE	5	6
7	8	9 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE	10 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$30	11 YMCA – Easton 9:30-11am – Breastfeeding Support Group -FREE	12	13
14	15	16 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE	17	18	19	20
21	22	23	24	25	26	27
28	29	30 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom's Cafe -(443)245-7305 -FREE	31	To Contact a Breastfeeding Peer Counselor near you: Counselor: (443) 262-4423, press 1 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.'s (410) 758-0720 Kent (410) 810-0125 Services: - Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line. - International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 ext: 4510		



JANUARY 2015



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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



FEBRUARY 2015



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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28